

What's Up, Babe?

Bemidji & Beyond
Arts, Culture
& Entertainment



FREE TO READ . FREE TO LIST UP TO 365 DAYS IN ADVANCE

June 25 through July 4, 2015 / Issue #1 Volume #1

STEALING POSTERS

BY LAURA SETER

My Portland friend returned to the table with a poster advertising the Bemidji Brewing Block Party rolled into a tight scroll. I'd just been telling him about the food trucks and t-shirt printing and local craft beer when he went to the bathroom and found printed confirmation. Stealth-faced and secretive, he tapped the scroll against his thigh, punctuating his point in my ear. "I'm taking it. I know people who would love this!" Erik's been coming to Bemidji every summer for the past twenty five years. He'd just had his first Bemidji Brew ("This is the best beer I've ever had in Bemidji!"). It was an IPA. Now Erik was bringing the poster back- not to Portland - but fifteen minutes up the road to his friends who also hadn't heard about this weekend's festivities.

I could've filled Erik's pockets with flyers, posters, and cards setting him and his friends up for a summer of stuff to do. I could've told him what

pages to "Like" so he'd get updates and invites to events. I forgot to stuff a card into his shirt pocket listing the world-class writers who will be reading nightly in the American Indian Resource Center. There's still time to get him on the Nemeth Art Center mailing list, but he might miss the weekend opening for acclaimed sculpture artist Amy Toscani. What if he wants to Loop the Lake? Get tickets to see *The Underpants*?

When I first moved to Bemidji ten years ago I had no clue where people were going or what they were doing. Where did they go

after coffee at the Wild Hare? What were they doing before their nightcap at Brigid's? Figuring out what's happening around here can be a fulltime job; and don't even get me started on promotions! It's frustrating to hear about cool stuff after the fact and even worse for event planners. We write PSAs, post and share and repost, hang flyers all around town- and half the time our friends forget to come to our events.

The term FOMO made it into the Oxford English Dictionary In 2013, so the "fear of missing out" is hardly new. There's a lot

happening around here, and the collective-we needs to know about it. It's time for us to have our own City Pages. It's time for us to have a go-to place so we can plan our weekends (and week days) without regret. I couldn't be happier that "What's up Babe?" has taken up the charge. I can't wait to see the way it grows and takes hold.

Laura Seter hopes to be a regular contributor to What's Up, Babe? She probably follows you on Facebook, definitely writes her fair share of PSAs, hangs too many flyers, and suffers from FOMO.

EVENT LISTINGS ARE FREE!!

Head to WUBabe.com for all the particulars.

BLOCK ADS

\$30 1/8 PAGE: 4 inches wide x 2.15 high

\$60 1/4 PAGE: 4 inches wide x 4.5 high
or 8 inches wide x 2.15 in high

\$90 1/3 PAGE: 4 inches wide x 6.5 high

\$120 1/2 PAGE: 8 inches wide x 4.5 in high

* We can help ya with your design for an extra \$5

What's Up, Babe? Goes to press on Mondays for distribution on Wednesdays and Thursdays. Space is limited, so don't wait until the last minute to get your event or ad in print.

10 days of events appear in every issue, so that means Thursday, Friday and Saturday events display in two issues. It doesn't get better than that!

Oh, wait, yes it can!

Check out the online calendar. You can register your event online up to a year in advance including images or email to: events@WUBabe.com

DAY TRIPPING

LOOP LAKE BEMIDJI

14 MILES.

BY LISA SETER

If you missed Bemidji's "Loop the Lake" event last week and still want to give it a try this summer, don't despair.

The Paul Bunyan Trail/bike route around Lake Bemidji is fantastic, always open and paved.

You can make a full day of it. Pack a picnic and cool off at the State Park or surrounding shorelines within State Lands. You might try fishing for dinner off the pier near Paul and Babe or from the trestle bridge over the Mississippi outlet on the east side.

There are several access points around the lake (*see the map to the right*). At these points, you can park your car and explore the trail. Once you are on the trail you can walk, run, bike, skate or skate board. Horses are not permitted on any of the paved trails or shoulders, but pets are welcome. A lot of people use this trail, so clean up after your pet and use a leash.

Facilities, Parking and Access

There are several access points around the lake (*see the map to the right*). At these points, you can park

your car and explore the trail. Once you are on the trail you can walk, run, bike, skate or skate board.

While the Tourist Information Center parking lot is under construction this summer, public facilities are still open or on the north end in the State Park.

Of course, you can park your car in any legal parking space or residential area near the trail and start exploring.

1) There's free parking, swimming and picnicking at Nymore Beach on the south end (between the Sanford Center and adjacent to the Green Mill/Hampton/Double Tree complex.

2) The Sanford Event Center lot frequently is used for events, so it's best to choose public parking, instead.

3) South east parking at Gould and 5th is a good place to get into the wooded part of the trail right away.

4) The trestle bridge over the Mississippi is a nice place to fish or enjoy the view. Shoulder parking is in the residential areas just north of the bridge.

5) Northeast side parking off Whitetail Rd NE where it crosses Big Bass Rd NE, is a quiet little gravel lot right on the trail. Just north of where the Blue Ox/Voyageur Trail connects

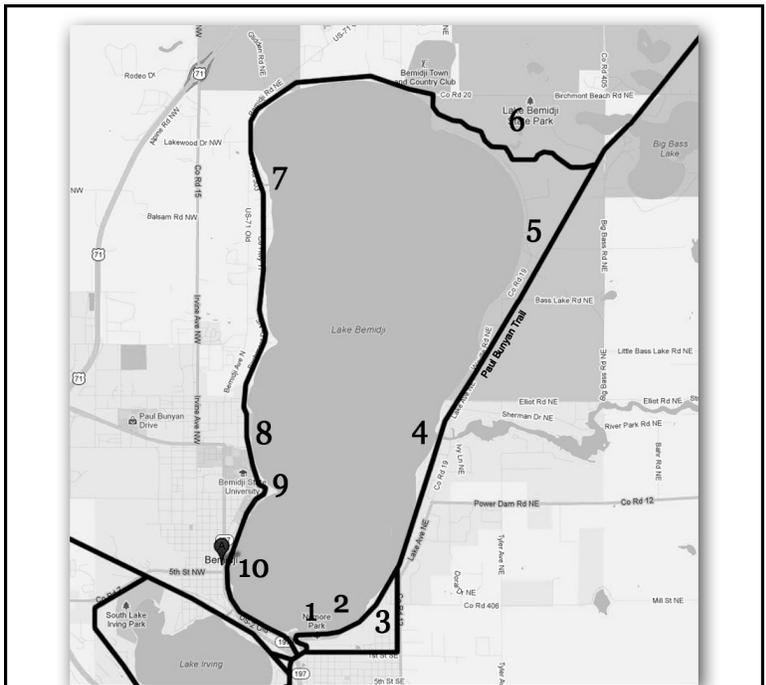
with the Paul Bunyan State Trail is a spectacular view of Big Bass Lake

6) If you have a Minnesota State Park pass, you can leave your car there and do all things Lake Bemidji State Park. Bikes and pedestrians don't need State Park passes to enter the park. There are multiple trails for nature viewing and mountain biking. From the park to Bemidji, it's about 7.5 miles.

7) Northwoods boat access, kitty-corner from Cattails Bar and Grill (6405 Bemidji Ave N.) also has ample parking.

8) Cameron Park, a bit north of Bemidji State University, has picnic areas and parking

9) Diamond Point, on the north end of Bemidji State University near the Native American Resource Center has parking, picnic areas, and boats for rent.



Lake Bemidji Loop Free Parking and Trail Access

1. Nymore Beach
2. Sanford Center
3. Gould & 5th
4. Trestle Bridge over Mississippi River
5. Whitetail Rd
6. Lake Bemidji State Park
7. Northwoods Boat Access
8. Cameron Park
9. Diamond Point
10. Paul and Babe Bemidji Visitors Center

Lots of great trail info and base map here:
<http://www.paulbunyantrail.com/bemidjimap.html>

10) The Paul and Babe statues are adjacent to the Tourist Information Center. The fishing pier is just south of here. The parking lot is undergoing construction and currently is not available for parking. However, all the facilities are open (300 Bemidji Avenue).

Establishments and Pit Stops

On your way around the lake, stop on the west side at Ruttger's Birchmont Lodge. They have a casual restaurant/lounge/patio and offer day passes for swimming or pool use. Farther north is Cattails for lunch, dinner and Sunday breakfast. Bemidji Town & Country Club on the north end also has a restaurant/lounge.

For casual dining on the south end, go to the Green Mill lakeside or across the road to Sparkling Waters for terrace patio views. Both are family-friendly, have daily happy hours and food. Sparkling Waters also has a pet-friendly patio. Downtown on the southwest side has a variety of family friendly eateries and snack joints.

The City of Bemidji was granted Bronze Bicycle Friendly Community designation by the League of American Bicyclists in 2012.

Contact Bemidji Visitor's Center visitbemidji.com or the DNR for more information: 1-888-MINNDNR / mndnr.gov.

No Bike?

Bemidji has this cool thing called Nice Ride. bemidji.niceridemn.org/. Nice Ride rents bikes by the hour, day or week to people over 18 or 16-17 year-olds accompanied by a parent or guardian. You can pick up your bike downtown Bemidji at Harmony Co-op (218-751-2009), or at the State Park (218-308-2300). Hopefully by print time, the Country Inn & Suites (218-441-4800) will also have bikes. Hours vary by location.

Lisa Seter is a web developer, hops farmer, and part-time old house resurrector.



You can help us get started with a few Likes, eh?

facebook.com/wubabebemidji

Babe Needs Talent

We are looking for columnists, poets, artists, & cartoonists.

INFO: Editor@WUBabe.com





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Studio On Location Events



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303 Rail Road Street
Bemidji, Minnesota 56601
218-766-3837

Thursday June 25

Center,
426 Bemidji Ave
Bemidji, 56601

Davidson at 80, a retrospective

June 25 - July 5
Watermark Art Center,
426 Bemidji Ave
Bemidji, 56601

Skateboard Lessons

Bemidji Skate Park in Bemidji, Minnesota
10:00am
Bemidji Parks and Rec

Kick up the Color 5K Trail Run

5:00 - 8:00 pm
Montebello Ski Trail,
1330 23rd Street NW
Bemidji, 56601

Saturday June 27

Davidson at 80, a retrospective

June 25 - July 5
Watermark Art Center,
426 Bemidji Ave
Bemidji, 56601

MN Book Award Winner Julie Klassen

7:00 pm - 8:00 pm
Bemidji Public Library,
509 America Avenue NW
Bemidji, 56601

Fishing Has No Boundaries

June 27 - June 28
Diamond Point Park,
Birchmont Drive NE
Bemidji, 56601

MNWC Evening Reading Series

7:30 pm - 9:30 pm
American Indian Resource Center,
Birchmont Drive
Bemidji, 56601

Park Rapids Area Community Band Concert

1pm - 2pm
Heritage Hjemkomst Interpretive Center, 202 1st Avenue North,
Moorhead, MN

Friday June 26

Davidson at 80, a retrospective

June 25 - July 5
Watermark Art

What's Up, Babe?

is the offspring of

Simple Lines Web Design

SimpleLinesDesign.com



July 17, 2015

in conjunction

with the

Bemidji

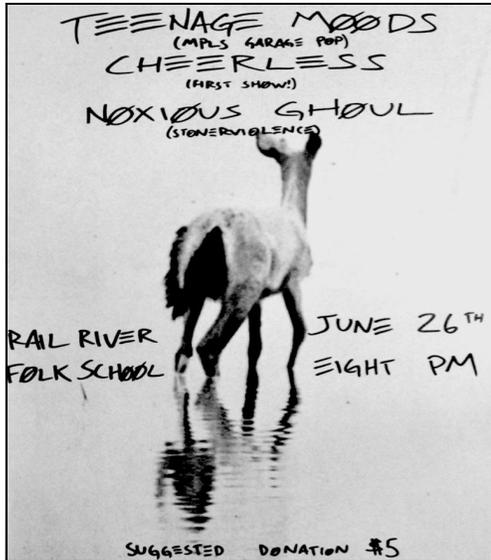
All School

Reunion



BemidjiAllSchoolReunion.org

July 16 - July 18



(Continued from page 4)

Sunday June 28

Davidson at 80, a retrospective
 June 25 - July 5
 Watermark Art Center,
 426 Bemidji Ave
 Bemidji, 56601

Fishing Has No Boundaries

June 27 - June 28
 Diamond Point Park,
 Birchmont Drive NE
 Bemidji, 56601

Bemidji Speedway

5:00 pm - 8:30 pm
 Bemidji Speedway,
 1831 Sunnyside Road SE
 Bemidji, 56601

Monday June 29

Davidson at 80, a retrospective
 June 25 - July 5
 Watermark Art Center,
 426 Bemidji Ave
 Bemidji, 56601

Northern Artist Association

11am - 3pm
 Eagles Club,
 Bemidji
 Every Monday!

Pottery Basics with Dave Hudson

6:30pm - 9:00pm
 Clearwaters Life Center-Gonvick
 218 487-5290
 ext. 2

First City Singers

1pm - 2pm
 Headwaters School
 -Music-Arts, 519

Minnesota Ave NW,
 Bemidji, call Arlys
 at 218 444-6653 or
 Donna at 218-444-
 3296 for more in-
 formation.

Tuesday June 30

Davidson at 80, a retrospective
 June 25 - July 5
 Watermark Art Center,
 426 Bemidji Ave
 Bemidji, 56601

Preschool Programs in the Park

Bemidji City Park in Bemidji,
 10:00am
 Bemidji Parks and Rec

Voyageurs Harmony Chorus

6:30 - 7:30pm
 United Methodist

Church, Bemidji,
 Women's chorus.
 Want to join? Con-
 tact Judy - 218-586
 -2309

Wednesday July 1

Davidson at 80, a retrospective
 June 25 - July 5
 Watermark Art Center,
 426 Bemidji Ave
 Bemidji, 56601

Coffee & Paint

Bemidji Parks and Recrea-
 tion in Bemidji,
 Minnesota
 10:00am
 Bemidji Parks and Rec

French Horn Quartet

12:00- 12:30pm
 First Baptist Church, 1555 Paul

Bunyan Drive NW
 Bemidji, 56601
 Musicians: Eve Sumsky, Jackie Schaffer, Bonnie Swanson, and Sara Comeau

Art Night at Terrapin Station

6:30pm - 9:30pm
 Terrapin Station,
 115 Main Street,
 Nevis, MN 56467

Prints

July 1 - July 11
 Chief Theatre,
 314 Beltrami Ave
 Bemidji, 56601

Bemidji Jaycees Water Carnival 2015

July 1 - July 5
 Sanford Center Arena & George W. Neilson Convention Center
 Bemidji, 56601

Babe Needs Talent

We are looking for columnists,
 poets, artists, & cartoonists.

INFO: Editor@WUBabe.com



Church Musicians Recital
12:00 pm - 2:00 pm
First Baptist Church,
1555 Paul Bunyan Dr. NW
Bemidji, 56601

**Thursday
July 2**

Davidson at 80, a retrospective
June 25 - July 5
Watermark Art Center,
426 Bemidji Ave
Bemidji, 56601

Prints
July 1 - July 11
Chief Theatre,
314 Beltrami Ave
Bemidji, 56601

Bemidji Jaycees Water Carnival 2015
July 1 - July 5
Sanford Center
Arena & George W. Neilson Convention Center
Bemidji, 56601

Fly on the Ford
July 2 - July 5
Bemidji Reional Airport,
Bemidji, 56601

**Friday
July 3**

Davidson at 80, a retrospective
June 25 - July 5
Watermark Art Center,
426 Bemidji Ave
Bemidji, 56601

Prints
July 1 - July 11
Chief Theatre,
314 Beltrami Ave
Bemidji, 56601

Park Rapids Area Community Band Pre-Fireworks Concert
7:30pm - 9:30pm
Heartland Park,
Park Rapids, MN

Bemidji Jaycees Water Carnival 2015
July 1 - July 5
Sanford Center
Arena & George W. Neilson Convention Center,
1111 Event Center Drive NE
Bemidji, 56601

Cass Lake Traditional Pow Wow
July 3 - July 5
Cass Lake Pow Wow Grounds,
Cass Lake, 56633

International Day
1:15 - 5:45 pm
Concordia Language Villages,
9550 Ruppstrasse NE
Bemidji, 56601

First Friday Art Walk
July 3 @ 5:00 pm - 7:00 pm
Bemidji Community Art Center,
426 Bemidji Ave
Bemidji, 56601

**Saturday
July 4**

Davidson at 80, a retrospective
June 25 - July 5
Watermark Art Center,
426 Bemidji Ave
Bemidji, 56601

Prints
July 1 - July 11
Chief Theatre,
314 Beltrami Ave
Bemidji, 56601

Bemidji Jaycees Water Carnival 2015
July 1 - July 5
Sanford Center
Arena & George W. Neilson Convention Center,
Bemidji, 56601

Fly on the Ford
July 2 - July 5
Bemidji Regional Airport

Cass Lake Traditional Pow Wow
July 3 - July 5
Cass Lake Pow Wow Grounds,
Cass Lake, 56633

Thrivent Financial 10K 5K Walk Run 2015
8:00 - 5:00 pm
Paul and Babe Statues,
214 3rd St NW
Bemidji, 56601

Popovers · Children's Menu · Gluten Free · Red Lake Walleye

A Menu for Everyone
Enjoy yourself *in Bemidji*

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QUESTIONS? EDITOR@WUBABE.COM

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Quarter page ads available in two shapes

This is a quarter page block ad.

Tell us all about it for
\$60 / week

4 inches wide by 4.5 inches high
Quarter page ads available in two shapes

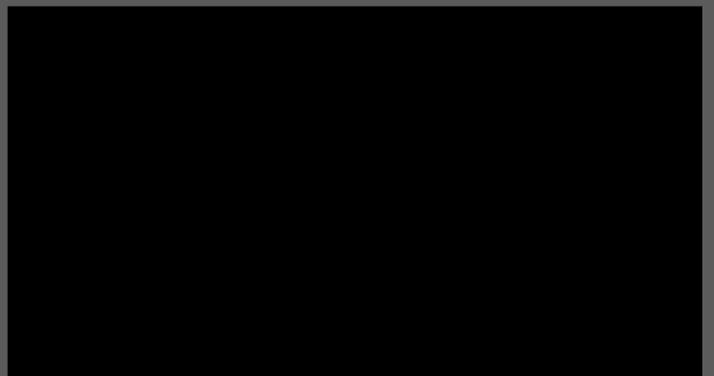


This is a third page block ad.

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\$90 / week
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Combine 2 or 3 messages into one!

This is an eighth page block ad.

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\$30 / week
4 inches wide by 2 inches high
We can help with design!



SLIPPERS? REALLY? BY MICHAEL WASSEGJIG PRICE

During our camping trip to the Boundary Waters Wilderness Canoe Area in northeast Minnesota, my son and I noticed that the Pink Lady Slipper orchids were in full bloom and scattered all throughout the forest around our campsite.

It was the 3rd week in June; the days were sunny and hot and the nights were starry and chilly. Along with the Pink Lady Slipper orchids, hundreds of Bunchberry flowers blanketed the rocky terrain along with an occasional Wild Rose.

I teach college-level botany and ecology, so I have true interest and fascination for the northwoods flora, especially this time of year. But, my true intellectual passion is learning the Anishinaabe names and uses of woodland plants. I spent years learning the Anishinaabe plant names, because hidden within are metaphorical descriptions, stories, and traditional uses of each plant.

I, along with nearly every other Bemidjian, am familiar with the Showy and Yellow Lady Slipper orchids, which, in my opinion, very much resemble a type of slipper or shoe.

In fact, the Anishinaabe word for the Yellow Lady Slipper orchid is “Makazin,” from which the word “moccasin” derives; thus, the “Moccasin Flower.” The labellum, which is the lower larger lobe of any orchid flower, is shaped like the puckered -toe style of moccasins particular to the Anishinaabe people. Some Anishinaabe linguists say that the word

“Ojibwe” actually refers to the “moccasins with the puckered toes.”

But, the Pink Lady Slipper absolutely does not look like a slipper or moccasin! And, I don’t think I am alone in my observations. To me, the flower looks kinda sexual, both in its shape, characteristics and color.

The labellum resembles a particular part of the male anatomy that is delicate and fragile, much like an orchid growing in the wild. LOL! I felt that I should research a new and proper name.

In Basil Johnston’s book, “Ojibway Language Lexicon,” the word for a pair of testicles is “Niizhwaan.” The Anishinaabe suffix used to identify the flower is “gwan.” So, “Niizhwaanigwan” should translate to the “Testicle Flower.”

I believe this name is more appropriate for the genital-esque paragon of the northwoods flora. It was only later that I discovered, to my surprise, that the name “Orchis” is actually the ancient Greek word for “testicle.”

You see, I wasn’t totally off!

Michael Wassegijig Price is a writer, ethnobotanist, stargazer, indigenous philosopher, and educator. He lives in Bemidji, Minnesota



Pink Lady Slipper

Original Photo by Thomas G. Barnes for the USDA Forest Service